

FOR IMMEDIATE RELEASE
January 29, 2014
LANSING, MI
Contact: Kyle Pows-Whyte
517-432--1034
kwhyte@msu.edu
www.every-body-eats.com



Everybody Eats on Saturday, February 8
to feature youth, entrepreneur and food policy tracks

The 5th Annual Everybody Eats Conference will be held Saturday, February 8, 2014 from 8:00 a.m. until 7:00 p.m. at Union Missionary Baptist Church in Lansing. The event features more than thirty fun and informative presentations, workshops, and interactive sessions; delicious and locally-sourced meals; and exciting opportunities to connect with Mid-Michigan projects and networks that are transforming the local food system. The program begins at eight o'clock in the morning and is followed by an ice cream social event at five-thirty in the evening. Early-bird registration pricing of \$15 closes on January 31.

New this year are special youth- and entrepreneur-led sessions. Back by popular demand are workshops for creating food-related art with the MSU Slam Poetry Team and REACH Art Studio; yoga sampler with Just B Yoga Studio; and discussions about policy and economic forces shaping food systems and how Mid-Michigan residents are changing the local system to promote better health, job development and stronger relationships between food producers, consumers, transporters, processors and others.

Program highlights include: “Kidz in the Kitchen”; “Gardening 101”; “Home-Based and Beyond: Cottage Food and Licensed Businesses”; “Starting an Urban Agriculture Centered Business, Cooperative, or Nonprofit Organization”; and “So You Want to Be a Farmer”. A panel of food-policy experts will present and answer questions over lunch. Hear from: *Marci Scott*, Vice President of Health Programs for the Michigan Fitness Foundation; *Lindsey Scalera*, Organizer of Michigan Voices for Good Food Policy at the National Sustainable Agriculture Coalition; and *Colleen Matts*, Farm to Institution Specialist for the MSU Center for Regional Food Systems.

Union Missionary Baptist Church is an ADA compliant facility. Scholarships, transportation and sign and Spanish language interpretation are available to provide a welcoming and barrier-free experience. For transportation, language, visual, hearing or other accommodations please contact event organizers 517-432-1034. Union Missionary is located at 500 South Martin Luther King Junior Boulevard.

Registration pricing of \$15 per person is offered through Friday, January 31; \$20 through Feb 7th, and \$30 to register day-of. Online registration and additional information are at www.every-body-eats.com.

###